

The Four Agreements

01 **Be impeccable with your word.**

Speak with integrity.

Say only what you mean.

Avoid speaking poorly about yourself or gossiping about others.

If your words are not helpful to the receiver, keep them to yourself.

02 **Don't take anything personally.**

Remember that nothing others do is because of you.

What others say and do is a projection of their reality.

When you are immune to the opinions and actions of others,
you won't be the victim of needless suffering.

03 **Don't make assumptions.**

Communicate with others as clearly as you can.

Learn to always ask questions and express yourself clearly.

Avoid misunderstandings, upset and drama.

04 **Always do your best.**

This speaks to our values - Do What it Takes, Leave Things Better, All For One & One For All.

Personal integrity is the basis of Together & Company integrity as a company.

Doing your best will prevent you from having to experience shame, regret and failure.